Sunshine week: 5-day challenge

One small, free activity a day. No equipment needed beyond paper and pencils. Tick each day when your class has done it, then hand out the Sunshine Champion certificates.

Monday

Sun detectives

Stand outside in the morning and at lunch. Draw your shadow both times. When is it shorter?

☐ done

Tuesday

Lights-off minutes

Switch off lights you do not need for 10 minutes and work by daylight. How does the room feel?

☐ done

Wednesday

Fact of the day

Read one true fact from luv.solar/facts aloud. Who can explain it in their own words?

☐ done

Thursday

Solar spotting

On the way home, count the solar panels you can see on roofs, signs or lamps.

☐ done

Friday

Thank-you sun

Make a class poster of everything the sun gave us this week. Hang it up proudly.

☐ done

Safety: never look straight at the sun.